

# Mindful Paintsplatter Colouring

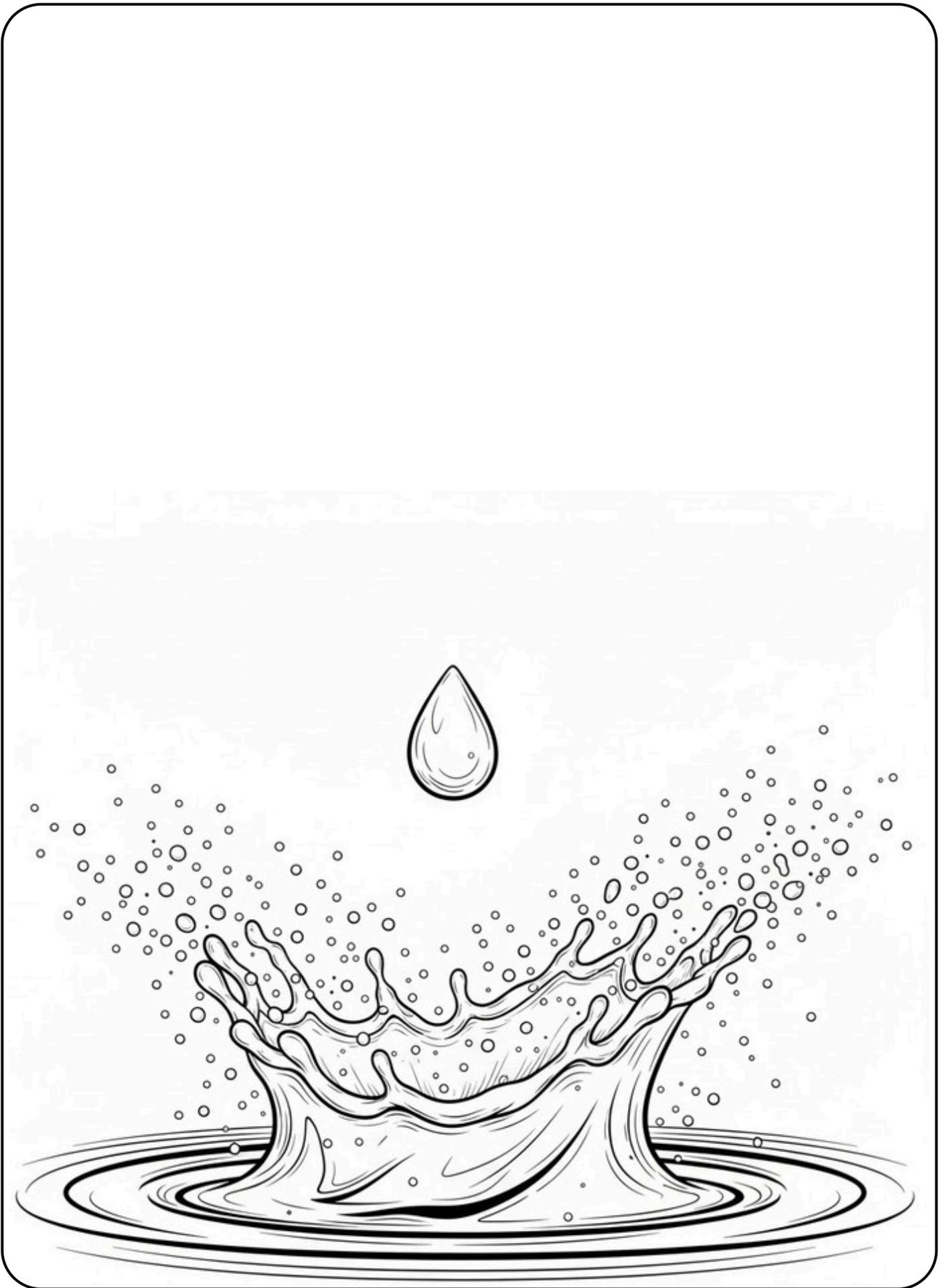


A therapeutic activity book

for mindful moments

**Dragonfly Psychotherapy**

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